

# Ways Women Sabotage Their Career

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Saboteur	Strategy
1. Feel like a victim	1. Network
2. Fear success	2. Define YOUR success
3. Be a people pleaser	3. Meet your own needs
4. Do the laundry	4. Align self with organizational priorities
5. Don't ask	5. Ask
6. Assume men and women play by the same rules	6. Know the different communication approaches

## Follow Up Ideas

Check out Anne Doyle's website. Anne is a communications, media, and leadership coach and consultant with a brand new book called ***Power Up: How American Women Achievers Become Leaders***.

<http://www.annedoylestrategies.com/Default.aspx>

Kathleen Deboer's 2004 book, ***Gender and Competition: How Men and Women Approach Work and Play Differently*** has some fascinating insights.

We discussed the work of Linda Babcock and Sara Laschever and their book ***Women Don't As***. Their website is a gold mine of interesting information!

<http://www.womendontask.com/questions.html>